



# The Stablehand

## A La Carte Menu

### Bar Snacks & Sharing

**White Bloomer Bread Basket**  
*From the Rockstar bakery in Greenwich, served with hand whipped butter*  
£2.95

**Cumberland Sausage Roll**  
*Brown sauce*  
£7.95

**Pork & Leek Scotch Egg**  
*Spiced parsnip relish*  
£7.95

**British Cheese Board**  
*Each £5.95  
Three £15.95*

**Sharing Platter**  
*Cumberland sausage roll, pigs in blankets, battered cod fingers, British cheeses & 'Rockstar' bloomer bread*  
£21.95

### Starters

**Pan Seared North Atlantic Scallops**  
*Cauliflower purée & toasted hazelnut crumb*  
£15.95

**The Stablehand's Green Spring Salad (VG)**  
*Pickled shallots*  
Small £9.95 / Large £13.95

**Deep Fried Crumbed Sussex Brie (V)**  
*Seasonal red berry sauce*  
£11.95

**Devonshire Crab Cake**  
*Fennel salad*  
£15.95

**Rosary Ash Goats Cheese Green Spring Salad**  
*Pickled Shallots*  
Small £12.95 / Large £16.95

**Grilled British Asparagus (V)**  
*Poached egg & lemon dressing*  
£12.95

**Colchester Rock Oysters (GF)**  
*each    ½ dozen    9*  
£3.95    £22.95    £33.95

**Free Range Chicken Green Spring Salad**  
*Pickled Shallots*  
Small £14.95 / Large £19.95

**Soup of the Day (VG, GF)**  
*Please ask the server*  
£9.95

### Mains

**Pan Fried Hake**  
*Fresh from Billingsgate fish market.  
Crushed Jersey Royals, asparagus & brown butter sauce*  
£24.95

**Charred Grass-Fed 10oz Scottish Ribeye**  
*Aged 28 days, chips & watercress*  
£32.95  
*Add peppercorn sauce +£2.95*

**Sunday Roast**  
*Roast beef, chicken or roasted pork belly served with roast potatoes, Yorkshire pudding, seasonal vegetables & gravy*  
£24.95  
*(Only available on Sundays)  
Nut Roast also available*

**Fish & Chips**  
*Beer battered Atlantic cod, mushy peas & tartare sauce*  
£19.95

**Bubble & Squeak (V)**  
*Maris Piper mashed potato, buttered cabbage, soft egg & vegetable gravy*  
£17.95  
*Vegan option available*

**Bangers & Mash**  
*Cumberland pork sausages, mashed potatoes & onion gravy*  
£19.95

**Home-made Stablehand Pies**

Steak & Kidney Pie	£19.95
Fish Pie	£18.95
Chicken, Mushroom & Leek Pie	£18.95
Squash, White Bean & Spinach Pie (V)	£17.95

*Served with the seasonal veg of the day*

**Sides**  
**£5.50**

Seasonal Veg of the Day (V)  
Thick Cut British Chips  
Mashed Potatoes  
Green Salad with House Dressing (V)

**Slow Roasted Lamb Shoulder**  
*Mashed potatoes & onion gravy*  
£23.95

### Desserts

**Bread & Butter Pudding (V)**  
*Vanilla ice cream & custard*  
£8.95

**Bramley Apple Crumble (V)**  
*Vanilla ice cream*  
£8.50

**Sticky Toffee Pudding (V)**  
*Vanilla ice cream & toffee sauce*  
£8.50

**Eton Mess (V)**  
*Seasonal fruit*  
£7.95

**Blueberry & Lemon Loaf Cake (V)**  
*Custard*  
£8.50

**Selection of Ice Creams (V)**  
*1 scoop £2.95 / 3 scoops £8.50*

(V) Vegetarian. (VG) Vegan. (GF) Gluten-free. Please always inform your server of any allergies or intolerances before placing your order. Not all ingredients are listed on the menu and we cannot guarantee the total absence of allergens. All of our dishes may contain traces of nuts. Detailed information on the fourteen legal allergens is available on request, however we are unable to provide information on other allergens.  
The Stablehand sources its ingredients from British farmers and suppliers. From time to time, items may have to be substituted from a different region than such stated on the menu.

All prices are inclusive of VAT. A discretionary service charge of 12.5% will be added to your initial bill.  
For groups, private room bookings and special occasions, please ask for a tailor-made quote.