

A La Carte Menu

Bar Snacks & Sharing

White Bloomer Bread Basket

From the Rockstar bakery in Greenwich, served with hand whipped butter £2.95

Cumberland Sausage Pork & Leek Scotch

Roll Brown sauce £7.95

Egg Spiced parsnip relish £7.95

British Cheese Board

Each £5.95 Three £15.95

Sharing Platter

Cumberland sausage roll, pigs in blankets, battered cod fingers, British cheeses & 'Rockstar' bloomer bread £21.95

Starters

Pan Seared North Atlantic Scallops

Cauliflower purée & toasted hazelnut crumb £15.95

Devonshire Crab Cake

Fennel salad £15.95

Colchester Rock Oysters (GF)

each ½ dozen £22.95 £3.95

£33.95

The Stablehand's Green Spring Salad (VG)

Pickled shallots Small £9.95 / Large £13.95

Rosary Ash Goats Cheese Green Spring Salad

Pickled Shallots Small £12.95 / Large £16.95

Free Range Chicken Green Spring Salad

Pickled Shallots Small £14.95 / Large £19.95

Deep Fried Crumbed Sussex Brie (V)

Seasonal red berry sauce £11.95

Grilled British Asparagus (V)

Poached egg & lemon dressing £12.95

Soup of the Day (VG, GF)

Please ask the server £9.95

Mains

Pan Fried Hake

Fresh from Billingsgate fish market. Crushed Jersey Royals, asparagus & brown butter sauce £24.95

Fish & Chips

Beer battered Atlantic cod, mushy peas & tartare sauce £19.95

Bangers & Mash

Cumberland pork sausages, mashed potatoes & onion gravy £19.95

Slow Roasted Lamb Shoulder

Mashed potatoes & onion gravy £23.95

Charred Grass-Fed 10oz Scottish Ribeye

Aged 28 days, chips & watercress £32.95 Add peppercorn sauce +£2.95

Bubble & Squeak (V)

Maris Piper mashed potato, buttered cabbage, soft egg & vegetable gravy £17.95

Vegan option available

Sunday Roast

Roast beef, chicken or roasted pork belly served with roast potatoes, Yorkshire pudding, seasonal vegetables & gravy £24.95

(Only available on Sundays) Nut Roast also available

Home-made Stablehand Pies

Steak & Kidney Pie £19.95 Fish Pie £18.95 Chicken, Mushroom & Leek Pie £18.95 Squash, White Bean & Spinach Pie (V) £17.95

Served with the seasonal veg of the day

Sides £5.50

Seasonal Veg of the Day (V) Thick Cut British Chips Mashed Potatoes

Green Salad with House Dressing (V)

Desserts

Bread & Butter Pudding (V)

Vanilla ice cream & custard £8.95

Eton Mess (V)

Seasonal fruit £7.95

Bramley Apple Crumble (V)

Vanilla ice cream £8.50

Blueberry & Lemon Loaf Cake (V)

Custard £8.50

Sticky Toffee Pudding (V)

Vanilla ice cream & toffee sauce £8.50

Selection of Ice Creams (V)

1 scoop £2.95 / 3 scoops £8.50

(V) Vegetarian. (VG) Vegan. (GF) Gluten-free. Please always inform your server of any allergies or intolerances before placing your order. Not all ingredients are listed on the menu and we cannot guarantee the total absence of allergens. All of our dishes may contain traces of nuts. Detailed information on the fourteen legal allergens is available on request, however we are unable to provide information on other allergens.

The Stablehand sources its ingredients from British farmers and suppliers. From time to time, items may have to be substituted from a different region than such stated on the menu.