

Breakfast Menu

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Breakfast is the most important meal of the day!!

So we have put together a selection of products for you to enjoy, where possible many of these have been sourced from local suppliers, who like The Forbury Hotel pride themselves with good old fashioned values and a high quality product. Please feel free to help yourself from the buffet, or we'll do the leg work for you!

### **Hot Beverages**

### Loose Leaf Tea Menu by L'unico

L'unico offers definitive examples of Asia's greatest teas, some, seldom seen outside their country of origin. Each tea is skillfully hand processed then vacuum-packed at source for unmatched freshness.

We have taken the liberty of recommending a selection of our loose teas which are suited to mornings.

### Royal English Breakfast

Full-bodied black tea with malty plus oaky undertones.

### Earl Grey

Classic Earl Grey packed with citrus flavours. The blue flower adds a slightly deeper taste and a hint of sweetness. This is an 'any time of the day tea' sure to leave you feeling balanced and happy.

### Gunpowder Green Tea

Experience a beautifully delicate green tea with a wonderful thirst quenching taste, a cup of gunpowder green tea will brighten up even the greyest of afternoons.

#### Whole Chamomile Flowers

Mellow floral depths with gentle and cleansing bitter complexities in the finish.

#### Peppermint Leaf

Insistent and deep minty flavours with an almost oilymidpalate, subsiding cleanly towards an intensely perfumed finish.

#### Coffee

Freshly Brewed Coffee Freshly Brewed Decaffeinated Coffee

### **Speciality Coffee**

£3.75

Cafetière

Cappuccino Caffè Latté

Americano

Mochachino

Machiato

Espresso Double

Espresso Single

£2.5

Our Menu contains allergens. If you suffer from any food allergies or intolerance, please let a member of the team know upon placing your order.

Allergen information is available for all dishes.

## Dairy

Whole Milk Soya Milk (On Request) Semi-skimmed Milk (On Request)

### Water

Filtered Sparkling Filtered Still Organic Raw Coconut Water £3

### Juice

Fresh Orange Juice Cloudy Apple Juice Pink Grapefruit Juice

# Morning Spirit

Bloody Mary

£9

Bloody Marys are a must at the breakfast table, not only are they a great accompaniment to any number of dishes but also a little vodka before noon always makes the day feel special.

Mimosa

£7.5

A great way to start the morning with a fresh squeezed orange juice and bubbles.

Grand Brut, Perrier Jouët £12



Yoghurt

Greek Yoghurt Natural Yoghurt Fruit Yoghurt

Compote

Mixed Berry

Earl Grey Poached Pear

Purées

Strawberry Mango

In-House Bakery

Croissants

Pain Au Chocolat Danish Pastries Pain Aux Raisins

White or Malted Bloomer Bread

Banana Bread with Walnuts and Flaxseed

Whole-Wheat Oat Bread

**Cereals** 

Cinnamon and Pecan Granola Peanut and Apple Granola

Homemade Granola

Cornflakes Branflakes

Dorset Organic Muesli Dorset Fruit Muesli Dorset Honey Granola

**Dried Fruits** 

Toasted Nuts and Seeds

Banana Apples Apricot Figs

Sun Dried Raisins

**Platters** 

Fresh Fruit Grapefruit

Orange Kiwi Melon Grapes Watermelon

Fish Smoked Salmon, Sliced Onion and Capers

Meat Beef Pastrami

Homemade Honey Glazed Ham Heat-Cured Pork Mortadella

Jamón Ibérico Ham

Cheese Somerset Cheddar

Feta Brie

Bocconcini Mozarella

## Breakfast Meals

Forbury Full English Breakfast with eggs cooked to your liking, smoked bacon, sausage, tomato, mushroom, black pudding and with your choice of beans or fried bread or sautéed potatoes.

Create Your Own Omelette with your choice of ham, cheddar cheese, peppers, spring onions, mushrooms, asparagus and tomato.

Eggs Benedict

English muffin, Parma ham, poached eggs and hollandaise sauce.

Eggs Royale

English muffin, smoked salmon, poached eggs and hollandaise sauce

Eggs Florentine

English muffin, spinach, poached egg and hollandaise sauce

Smoked Salmon and Scrambled Eggs

Grilled Naturally Smoked Manx Kippers, Lemon and Butter

Poached Haddock, Poached Eggs, Herb Velouté

Organic Oat Porridge with one of the following toppings Fresh Berries Honey Maple Syrup Banana and Cinnamon

Old Fashioned Buttermilk Pancakes with one of the following toppings Bacon and Maple Syrup Blueberry Banana and Chocolate Crème Fraîche

Corn Beef Hash

Our own crispy corned beef hash with 2 eggs of your choice, served with toast.

Scramble Eggs and Avocado on Toast Best breakfast ever—soft scrambled eggs, with a side of wheat toast topped with sliced avocado

French Toast, Maple Syrup and Caramelised Apples This is so gosh-darn good that it is worth all of the butter. Guests not staying with us, or enjoying a stay on a 'room only' basis are welcome to join us for breakfast, the tariff is below:

### Continental Breakfast £15

Your choice from our continental breakfast buffet

## Full English Breakfast £19

Choose from both, the continental breakfast buffet and dishes from the kitchen

#### KEEP IN TOUCH

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