



## BREAKFAST

### BAKERY

butter croissant 2.5

chocolate brownie muffin 2.5

carrot & pumpkin seed muffin 2.5

pain au chocolat or danish 3.5

### CHILLED BREAKFAST POTS

goji berry & linseed Bircher museli, natural yoghurt & stewed fruits 4

beetroot dip & raw vegetables 4

natural yoghurt with seasonal compote 5

### HOT BREAKFAST POTS

protein porridge: walnuts, black quinoa, raw cacao, coconut, dates, pistachio, fresh fruits 7

black turtle beans, roasted squash, wild rice & coriander 7

baked cannellini beans with chorizo, red chilli & parsley 8

chicken bone broth, tamari, ginger & kale 8

### FREE RANGE EGG FRITTATA

forest mushrooms, kale & double Gloucester 8

smoked Scottish salmon, asparagus, chives & spinach 10

Gloucester ham, broccoli, green chilli & mozzarella 9

potato, broccoli, parsley & peas 8