

# BRASSERIE BLANC

## SUMMER MENU



"I am often asked what a  
Brasserie Blanc really is.  
Well, if Le Manoir aux  
Quat'Saisons is a delicate  
waltz then the Brasseries  
are the Can Can!"

*Brasserie Blanc*

### APÉRITIFS / Appetisers

STONE BAKED BAGUETTE WITH SAFFRON GARLIC MAYONNAISE,  
OLIVE PASTE TAPENADE, VIRGIN OLIVE OIL AND BALSAMIC VINEGAR £3.20

ROSE HARISSA OLIVES £1.70

### PLATEAU VARIÉ / Selection Board

GUINEA FOWL RILLETTES, MILANO SALAMI, SEARED MACKEREL,  
APPLE AND PEAR CHUTNEY, CUCUMBER CRÈME FRAÎCHE,  
CARROT VINAIGRETTE, CELERIAC REMOULADE £11.90  
*(shared starter for two or main course for one)*

### HORS D'OEUVRES / Starters

CUCUMBER GAZPACHO, PICKLED CUCUMBER, CRÈME FRAÎCHE ✓ £5.30  
*Gaspacho de concombres*

GUINEA FOWL RILLETTES, PICKLED VEGETABLES £7.50  
*Rillettes de pintade*

STEAK TARTARE £9.70  
*Hand minced Cornish fillet steak, egg yolk, capers, shallots,  
gherkins, Dijon mustard and Tabasco*

CRISPY GOAT'S CHEESE PARCEL, FRENCH BEANS, TOMATO CHUTNEY ✓ £8.50  
*Bourse de chèvre*

MAMAN BLANC'S MISCELLANY OF SALADS ✓ £7.50  
*Carrot vinaigrette, celeriac remoulade, cherry tomatoes,  
cucumber crème fraîche, radishes and soured vegetables*

GRILLED SOUSED CORNISH MACKEREL FILLET, FENNEL SALAD £7.80  
*Filet de maquereaux au fenouil*

FRESH GOAT'S CURD WITH HERBS AND LEMON ZEST ✓ £8.20  
*Chèvre frais aux herbes*

HOT SMOKED LOCH DUART SALMON,  
PICKLED CUCUMBER, HORSERADISH CREAM £9.20  
*Saumon fumé à chaud*

BURGUNDIAN SNAILS IN GARLIC HERB BUTTER £8.60  
*Escargots à la Bourguignonne*

AVOCADO, TOMATO AND GREEK YOGHURT SALAD ✓ £6.40  
*Tian d'avocat*

### LÉGUMES ET SALADES / Side Orders

FRENCH FRIES / MINTED NEW POTATOES / SMOOTH MASH £3.30

BUTTERED CHANTENAY CARROTS £3.30

SPRING CABBAGE / FRENCH BEANS £3.30

GREEN OR MIXED SALAD £3.30

ROQUETTE AND PARMESAN SALAD £4.10

MAMAN BLANC'S MISCELLANY OF SALADS £7.50

### PLATS CUISINES / Main Courses

SLOW BRAISED LAMB SHOULDER WITH OLIVES £19.70  
*Navarin d'agneau*

BEEF STROGANOFF, PILAF RICE **JB** £13.20  
*Bœuf Stroganoff*

OLIVE STUFFED CHICKEN, GREEN BEANS, ROAST TOMATO SAUCE £16.10  
*Poulet Provençale*

TOULOUSE SAUSAGES, ONION GRAVY, SMOOTH MASH **JB** £10.70  
*Saucisse de Toulouse, pomme purée*

PAN FRIED LAMB'S LIVER, SPRING GREENS, SMOOTH MASH £13.50  
*Foie d'agneau, beurre Montpellier*

NORTH ATLANTIC COD FILLET, PRAWN POTATOES £17.80  
*Cabillaud, pomme crevettes*

GRILLED LOCH DUART SALMON FILLET,  
TOMATO HOLLANDAISE, FRENCH FRIES **JB** £12.40  
*Saumon grillé, hollandaise au tomate, frites*

GRILLED SQUID AND COURGETTES, ROQUETTE AND PARMESAN SALAD £17.80  
*Calamars grillés*

GRILLED SOUSED CORNISH MACKEREL FILLET, FENNEL SALAD £10.70  
*Filet de maquereaux au fenouil*

DRESSED BRIXHAM CRAB AND FRENCH FRIES £14.60  
*Crabe dressé à l'Anglaise, frites*

GRILLED KING SCALLOP SKEWER,  
SPRING ONION CRUSHED POTATOES £19.20  
*Brochette de St Jacques grillées*

PRIEST STRANGLER PASTA, PARSLEY AND WALNUT PISTOU ✓ **JB** £10.30  
*Pâtes au Pistou*

AVOCADO, TOMATO AND GREEK YOGHURT SALAD ✓ £10.30  
*Tian d'avocat*

The **JB** logo denotes our 'Jeune Blanc' range of dishes available as half portions at half price, suitable for 8-12 year old children.

### LES STEAKS / Steaks

All our meat is free range and sourced from individually selected farms across Cornwall.  
Our steaks are served with french fries. New potatoes, mash or salad may be substituted for french fries.

STEAK TARTARE £20.00  
*Hand minced fillet steak, egg yolk, capers, shallots, gherkins,  
Dijon mustard and Tabasco*

SIRLOIN STEAK 8oz £20.00 10oz £25.40  
*Entrecôte de bœuf*

FILLET STEAK 8oz £28.10  
*Filet de bœuf*

RUMP STEAK 9oz £18.90  
*Romstek de bœuf*

CHATEAUBRIAND FOR TWO £56.20  
*Chateaubriand*

ADD SAUCE; BÉARNAISE, ROQUEFORT OR PEPPER £1.60



Our à la carte menu changes with every season. We hope you enjoy our summer dishes using the very best seasonal ingredients sourced and prepared with care.

✓ SUITABLE FOR VEGETARIANS. SPECIAL GLUTEN FREE AND DAIRY FREE MENUS ARE AVAILABLE. SOME OF OUR DISHES CONTAIN NUTS OR NUT DERIVATIVES.  
OUR MENU DESCRIPTIONS DO NOT LIST ALL INGREDIENTS. IF YOU HAVE ANY CONCERNS ABOUT THE PRESENCE OF ALLERGENS, PLEASE SPEAK TO A MEMBER OF STAFF.  
All major credit cards are accepted. VAT is included at the prevailing rate. A discretionary service charge of 10% applies to parties of six or more – thank you.

WWW.BRASSERIEBLANC.COM