



Bleeding Heart

RESTAURANTS

2025 Bowl Menu

£8.50 per bowl

Meat

Hot

Steak frites, bearnaise & caramelised onions, rocket leaves
Shriracha roasted chicken with coconut rice & honey sesame drizzle
Truffled rabbit risotto with broad beans & garden peas
Rotisserie roasted pork loin with thrice-cooked chips & apple sauce

Cold

Salade paysanne with confit duck liver, garlic croutons, chopped egg
Rare roasted beef fillet with rocket leaves, red peppers & artichokes
Herb-roasted chicken vinaigrette with ratte potatoes & gem lettuce
Sliced Jambon de Bayonne with Charentaise melon & figs

Fish

Hot

Salmon fishcakes, crispy new potatoes, iceberg lettuce & tartare sauce
Seared tuna nicoise salad
Roasted cod bouchons with mash & parsley sauce
Chilli fried squid with aioli & spiced slaw

Cold

Confit of salmon with asparagus & new potatoes, hollandaise
Cornish smoked fish & shaved fennel salad with horseradish
Crab & lobster cocktail with sauce Marie Rose (£5 supplement)
Tuna, avocado & mango poke with sticky coconut rice

Vegetable

Hot

Moroccan spiced root vegetable, toasted couscous, honeyed yoghurt
Sri Lankan butternut squash, coconut & lime curry
Wild mushroom risotto with taleggio & sage
Pumpkin tortellini, sprouting broccoli, parmesan & smoked tomato sauce

Cold

Panzanella salad with charred cauliflower & Israeli couscous
Turkish eggs with roasted aubergine, chilli oil & toasted sesame
Heritage tomato salad with watermelon, shallots & rosemary focaccia
Roasted beetroot, walnuts, crumbled feta & honeycomb crumbs