



Beaufort House

JUICES & SMOOTHIES

Juices 4

- Carrot & Ginger
- Orange
- Apple
- Grapefruit
- Pineapple
- Pear

Smoothies 6

Strawberry Smoothie

Fresh Strawberries, Banana and Apple Juice

Anti-Oxi Blast

Apple, Pear & Blueberries with a stick of Celery & a dash of Lemon

Super Detox

Fresh Green Apple, Ginger, Spinach & Beetroot

Apple Beat

Fresh Beetroot & Celery with a dash of Sweet Apple

Mango-a-Go-Go

Fresh Passion Fruit, Mango & Orange with a dash of Agave Syrup

Berry Energising

Strawberries, Raspberries, Blueberries, Blackberries with a dash of Lemon & Mint

BREAKFAST MENU

8am – 12pm

Ham & Cheese Omelette 7.5

Avocado, Smoked Salmon & Cream Cheese Bagel 8

Eggs Benedict/Royale 7/8.5/9

Loch Fyne Smoked Salmon & Scrambled Eggs 9.5

Smashed Avocado on Sourdough with Poached Eggs or Bacon or Feta 8

Beaufort Full English Breakfast 10

with Eggs, Bacon, Sausage, Black Pudding, Baked Beans, Mushrooms, Tomato & a slice of Toast

Beaufort Healthy Start Breakfast 10

Chicken or Salmon with Poached Eggs, Chilli & Avocado, Spinach, Quinoa & a slice of Sourdough Toast

All our eggs are free range from the award-winning Hoad's Farm

TEAS & COFFEES

All 3

- Assam Breakfast
- Blackcurrant Hibiscus
- Bohea Lapsang
- Earl Grey
- Fairtrade Jasmine Pearls
- Sri Lankan Chai
- Fresh Mint
- Iced Tea
- Japanese Seneca
- Organic & Fairtrade Dragon
- Organic Chamomile
- Silver Needle White Tea
- Yellow Gold Oolong
- .
- Americano
- Espresso
- Cappuccino
- Flat White
- Latte
- Macchiato
- Mocha
- .
- Hot Chocolate

NEW Frappuccino (Add Baileys and/or Kahula for £2)

Food Allergies and Intolerances: Some of our menu items contain allergens and there is a small risk that traces of these may be in another dish served here. Please ask to speak to our staff if you want to know more about our ingredients.

Please note there will be a discretionary service charge of 12.5% added to the bill